SATIRE

Sinclair Lewis

(1885-1951)

Virga Vay & Allan Cedar (1945)

Orlo Vay, the Chippewa Avenue Optician, Smart-Art Harlequin Tinted-Tortus Frames Our Speciality, was a public figure, as public as a cemetery. He was resentful that his profession, like that of an undertaker, a professor of art, or a Mormon missionary, was not appreciated for its patience and technical skill, as are the callings of wholesale grocer or mistress, or radio-sports-commentator, and he tried to make up for the professional injustice by developing his personal glamour.

He wanted to Belong. He was a speaker. He was hearty and public about the local baseball and hockey teams, about the Kiwanis Club, about the Mayflower Congregational Church, and about all war drives. At forty-five he was bald, but the nobly glistening egg of his face and forehead, whose arc was broken only by a pair of Vay Li-Hi-Bifocals, was an adornment to all fund-raising rallies.

He urged his wife, Virga, to co-operate in his spiritual efforts, but she was a small, scared, romantic woman, ten years his junior; an admirer of passion in Technicolor, a clipper-out of newspaper lyrics about love and autumn smoke upon the hills. He vainly explained to her, “In these modern days, a woman can’t fritter away her time daydreaming. She has to push her own weight, and not hide it under a bushel.”

Her solace was in her lover, Dr. Allan Cedar, the dentist. Together, Virga and Allan would have been a most gentle pair, small, clinging, and credulous. But they could never be openly together. They were afraid of Mr. Vay and of Allan’s fat and vicious wife, Bertha, and they met at soda counters in outlying drug stores and lovingly drank black-and-whites together or Jumbo Malteds and, giggling, ate ferocious banana splits; or, till wartime gasoline-rationing prevented, they sped out in Allan’s coupe by twilight, and made shy, eager love in mossy pastures or, by the weak dashlight of the car, read aloud surprisingly good recent poets: Wallace Stevens, Sandburg, Robert Frost, Jeffers, T.S. Eliot, Lindsay.

Allan was one of the best actors in the Masquers, and though Virga could not act, she made costumes and hung about at rehearsals, and thus they were able to meet, and to stir the suspicions of Bertha Cedar.

Mrs. Cedar was a rare type of the vicious woman; she really hated her husband, through she did not so much scold him as mock him for his effeminate love of acting, for his verses, for his cherubic mustache, and even for his skill with golden bridge-work. She jeered, in the soap-reeking presence of her seven sisters and sisters-in-law, all chewing gum and adjusting their plates, that as a lover “Ally” had no staying-powers. That’s what she thought.
She said to her mother, “Ally is a bum dentist; he hasn’t got a single rich patient,” and when they were at an evening party, she communicated to the festal guests, “Ally can’t even pick out a necktie without asking my help,” and on everything her husband said she commented, “Oh don’t be silly!”

She demanded, an received, large sympathy from all the females she knew, and as he was fond of golf and backgammon, she refused to learn either of them.

Whenever she had irritated him into jumpiness, she said judiciously, “You seem to be in a very nervous state.” She picked at him about his crossword puzzles, about his stamp-collection, until he screamed, invariably, “Oh, let me alone!” and then she was able to say smugly, “I don’t know what’s the matter with you, so touchy about every little thing. You better go to a mind-doctor and have your head examined.”

Then Bertha quite unexpectedly inherited seven thousand dollars and a house in San Jose, California, from a horrible aunt. She did not suggest to her husband but told him that they would move out to that paradise for chilled Minnesotans, and he would practice there.

It occurred to Allan to murder her, but not to refuse to go along. Many American males confuse their wives and the policeman on the beat.

But he knew that it would be death for him to leave Virga Vay, and that afternoon, when Virga slipped into his office at three o’clock in response to his code telephone call of “This is the Superba Market and we’re sending you three bunches of asparagus,” she begged, “Couldn’t we elope some place together? Maybe we could get a little farm.”

“She’d find us. She has a cousin who’s a private detective in Duluth.”

“Yes, I guess she would. Can’t we ever be together always?”

“There is one way—if you wouldn’t be afraid.”

He explained the way.

“No, I wouldn’t be afraid, if you stayed right with me,” she said.

Dr. Allan Cedar was an excellent amateur machinist. On a Sunday afternoon when Bertha was visiting her mother, he cut a hole through the steel bottom of the luggage compartment of his small dark-gray coupe. This compartment opened into the body of the car. That same day he stole the hose of their vacuum-cleaner and concealed it up on the rafters of their galvanized-iron garage.

On Thursday—this was in February—he bought a blue ready-made suit at Goldenkron Brothers’, on Ignatius Street. He was easy to fit, and no alterations we needed. They wanted to deliver the suit that afternoon, but he insisted, “No, hold it here for me and I’ll come in and put it on tomorrow morning. I want to surprise somebody.”

“Your Missus will love it, Doc;” said Monty Goldenkron.

“Your credit is good here, Doc—none better,” protested Monty.

Allan puzzled him by the triumphant way in which he answered, “I want to keep it good, just now!”

From Goldenkrons’ he walked to the Emporium, to the Golden Rule drug store, to the Co-operative Dairy, paying his bills in full at each. On his way he saw a distinguished fellow-townsman, Judge Timberlane, and his pretty wife. Allan had never said ten words to either of them, but he thought affectionately, “There’s a couple who are intelligent enough and warm-hearted enough to know what love is worth.”

That evening he said blandly to his wife, “Strangest thing happened today. The University school of dentistry telephoned me.”

“Long distance?”

“Surely.”

“Well!” Her tone was less of disbelief than of disgust.

“They’re having a special brush-up session for dentists and they want me to come down to Minneapolis first thing tomorrow morning to stay for three days and give instruction in bridge-work. And of course you must come along. It’s too bad I’ll have to work from nine in the morning till midnight—they do rush those special courses so—but you can go to the movies by yourself, or just sit comfortably in the hotel.”

“No—thank—you!” said Bertha. “I prefer to sit here at home. Why you couldn’t have been an M.D. doctor and take out gallbladders and make some real money! And I’ll thank you to be home not later than Sunday morning. You know we have Sunday dinner with Mother.”

He knew.

“I hope that long before that I’ll be home,” he said.
He told her that he would be staying at the Flora Hotel, in Minneapolis. But on Wednesday morning after putting on the new suit at Goldenkrons’, he drove to St. Paul, through light snowflakes which he thought of as fairies. “But I haven’t a bit of real poet in me. Just second-rate and banal,” he sighed. He tried to make a poem, and got no farther than:

*It is snowing,*

*The wind is blowing,*

*But I am happy to be going.*

In St. Paul he went to the small, clean Hotel Orkness, registered as “Mr. A.M. Romeo & wife,” asked for a room with a double bed, and explained to the clerk, “My wife is coming by train. She should be here in about seventeen minutes now, I figure it.”

He went unenthusiastically to the palsied elevator, up to their room. It was tidy, and on the wall was an Adolph Dehn lithograph instead of the fake English-hunting-print that he had dreaded. He kneaded the bed with his fist. He was pleased.

Virga Vay arrived nineteen minutes later, with a bellboy carrying her new imitation-leather bag.

“So you’re here, husband. Not a bad room,” she said indifferently.

The bellboy knew from her indifference and from her calling the man “husband” that she was not married to him, but unstintingly in love. Such paradoxes are so common in his subterranean business that he had forgotten about Virga by the time he reached his bench in the lobby. Six stories above him, Virga and Allan were lost and blind and quivering in their kiss.

Presently she said, “Oh, you have a new suit! Turn around. Why, it fits beautifully! And such a nice red tie. You do look so young and cute in a bow-tie. Did you get it for me?”

“Of course. And then—I kind of hate to speak of it now, but I want us to get so used to the idea that we can forget it—I don’t want us to look frowsy when they find us. As if we hadn’t been happy. And we will be—we are!”

“Yes.”

“You’re still game for it?”

“We?”

He was taking off the new suit; she was tenderly lifting from her bag a nightgown which she had made and embroidered this past week.

They had all their meals in the room; they did not leave it till afternoon of the next day. The air became a little close, thick from perfume and cigarette smoke and the bubble bath they took together.

Late the next afternoon they dressed and packed their bags, completely. He laid on the bureau two ten-dollar bills. They left the baggage at the foot of their bed, which she had made up. She took nothing from the room, and he nothing except a paper bag containing a bottle of Bourbon whisky, with the cork loosened, and a pocket anthology of new poetry. At the door she looked back, and said to him, “I shall remember this dear room as long as we live.”

“Yes… As long as we live.”

He took his dark-gray coupe out of the hotel garage, tipping an amazed attendant one dollar, and they drove to Indian Mounds Park, overlooking the erratic Mississippi. He stopped in the park, at dusk, and said, “Think of the Indians that came along here, and Pike and Lewis Cass!”

“They were brave,” she mused.

“Brave, too!” They nervously laughed. Indeed, after a moment of solemnity when they had left the hotel, they had been constantly gay, laughing at everything, even when she sneezed and he piped, “No more worry about catching pneumonia!”

He drove into a small street near by and parked the car, distant from any house. Working in the half-darkness, leaving the engine running, he pushed the vacuum-cleaner hose through the hole in the bottom of the luggage compartment, wired it to the exhaust pipe, and hastily got back into the car. The windows were closed. Already the air in the car was sick-sweet with carbon monoxide.

He slipped the whisky bottle out of the paper bag and tenderly urged, “Take a swig of this. Keep your courage up.”

“Dearest, I don’t need anything to keep it up.”

“I do, by golly. I’m not a big he-man like you, Virg!”

They both laughed, and drank from the bottle, and kissed lingeringly.

“I wonder if I could smoke a cigarette. I don’t think CO2 is explosive,” he speculated.
“Oh, sweet, be careful! It might explode!”
“Yes, it—” Then he shouted. “Listen at us! As if we cared if we got blown up now!”
“Oh, I am too brainless, Allan! I don’t know if you’ll be able to stand me much longer.”
“As long as we live. Together now. Together.”

His head aching, his throat sore, he forgot to light the cigarette.
He switched on the tiny dashlight, he lifted up the book as though it were a bar of lead, and from Conrad Aiken’s “Sea Holly” he began to read to her:

It was for this

Barren beauty, barrenness of rock that aches
On the seaward path, seeing the fruitful sea,
Hearing the lark of rock that sings—

He was too drowsy to read more than just the ending:

Stone pain in the stony heart,
The rock loved and labored; and all is lost.

The book fell to the seat, his head drooped, and his arm groped drowsily about her. She rested contentedly, in vast dreams, her head secure upon his shoulder.
Harsh screaming snatched them back from paradise. The car windows were smashed, someone was dragging them out…and Bertha was slapping Virga’s face, while Bertha’s cousin, the detective, was beating Allan’s shoulders with a blackjack, to bring him to. In doing so, he broke Allan’s jaw.
Bertha drove him back to Grand Republic and nursed him while he was in bed, jeering to the harpies whom she had invited in, “Ally tried to—you know—with a woman, but he was no good, and he was so ashamed he tried to kill himself.”
He kept muttering, “Please go away and don’t torture me.”
She laughed.
Later, Bertha was able to intercept every one of the letters that Virga sent to him from Des Moines, where she had gone to work in a five-and-ten-cent store after Orlo had virtuously divorced her.
“Love! Ally is learning what that kind of mush gets you,” Bertha explained to her attentive women friends.

Sinclair Lewis
from Cass Timberlane (1945)
reprinted in Short Story Masterpieces
eds. Robert Penn Warren & Albert Erskine
(Dell/Laurel 1954) 270-77